Olentangy Liberty Girls Track Team Wins the Freedom Relay

by: Mia Hubert and Morgan Cahill

In the picture running is Junior Shrey Mhasker and posing infront of him are Freshmans Katie Boettcher and Elena Aldrink. The meet on Friday included boys and girls relays. This was the mens 4x1600.

Last week the Liberty track team hosted a relay meet. This invitational was full of very talented athletes from all over central Ohio .

The girls team especially excelled throughout this meet, winning the entire meet even throughout rough weather conditions as hail and harsh rain. Many had to struggle through the conditions and continued to push through to still win the meet.

"Even though it was freezing and rainy, I still had a lot of fun watching my friends run their races," says junior Grace Boettcher.

In this meet the girls 4x800 meter relay team of all Madeline Pohmer, Hannah Spires, Sadie Okonak, and Scarlett Yu won 3rd place after a long delay before beginning to run.

"I thought we ran great in this meet and I enjoyed running this relay with my team although having to run through the storm was tough," says sophomore Madeline Pohmer.

most of the runners from the 4x800 meter relay also enjoyed running it in this meet and being able to showcase their talents.

"the 4x800 is a really stressul but rewarding event. its one of the harder events because you have to pace yourself but also sprint. everyone cheers for you and it creates a really exciting, supportive enviroment. a lot of people complain about the 4x800 but in my opinion, its really rewarding and fun." says sophmore Sadie Okonak.

The girls speed medley relay with freshman Becca Henry, Senior Sasha Stanfield, Sophmore, Amelia Sigmund, and Freshman, Bridget Snider placed 2nd. each leg is a differnt types of runs. The first leg is 600 meters, second is 200 meter, third being 400 meters, and the last leg was the 800 meter.

"This was an exciting relay, I was happy to be a part of it, and I was glad we won second place," says Becca Henry, the 400 meter leg in the SMR relay.