

Life of a busy student-athlete

Elizabeth's Life

Elizabeth Szeto is a ballet dancer who has been dancing for over a decade. And even though many think that dancer just leap and spin across and stage, there is actually much more work that comes along with the commitment of being a dancer. Along with being a committed dancer Szeto also excels at school and is very passionate about her future in the medical field.

Szeto's journey to becoming the dancer she is began at a very young age. Szeto grew up in a family proud of musical talent, and not only did she start her journey to becoming a dancer began at 3 years old, but she also grew up playing the cello, violin, and the piano.

"I fell in love with ballet instantly and knew that it was what I wanted to do for the rest of my life," Szeto said.

Despite the challenges that come with pursuing the sport of dance, Szeto persevered. She worked tirelessly to improve her technique, spending countless hours in the studio perfecting her craft. Along with performing well on stage Szeto also performs well in school. Although she has a very rigorous dance schedule, Szeto still manages to maintain excellent grades in school.

"I feel like my success in balancing dance and schoolwork is my ability to manage her time effectively," Szeto said, "I set aside specific times for homework and studying,



and I make sure to prioritize her schoolwork before dance whenever necessary."

In addition to her strong time management skills, Szeto is also extremely disciplined.

She understands that she made a responsibility to both her dance studio and her school, and she takes pride in that commitment. She puts in the effort and hard work required to excel in both areas of her life, and her dedication is evident in everything she does.

"Elizabeth is always focused and paying attention to what is in front of her," Her classmate, Agatha said. "It honestly shocks me how dedicated she is to her work." Szeto said what she loved most about dancing was the feeling of being able to

express herself through dance and the movement.

"Dance allows me to communicate my emotions without even saying a word," she said. "It's a way for me to connect with a large group of people on a deeper level."

Szeto gives credits to her family for influencing her to be music minded and pay attention to her performance at school. She also credits her parents and dance teachers for instilling in her the values of hard work, perseverance, and humility.

Szeto hopes to continue dancing for many

years to come and she even hopes to be able to perform through her college career.

Her passion for dance is truly inspiring, and it's clear that she has worked hard to get where she is today. Her talent, dedication to both school and dance, and kindness, proves that her future is big and bright.

"I will always remember the day I decided that I wanted to dance," Szeto said. "I will never regret that choice."

