

# Race Benefits The Ohio Health Foundation

By: Estella Schnetzler

This is the starting line at the Cap City Half Marathon. The weather was rainy with a windchill. "The weather isn't the best, but I'm hoping I still run my best," one runner said.



Post-race commons are filled with snacks and assistance for runners. This race benefits the Ohio Health Foundation and gives runners an opportunity to try something new. All of the sponsors fill the commons with different activities. "This is what I look forward to at the end of every marathon," said Tara Schnetzler who ran that day.



The city of Columbus works hard to keep Columbus looking its best. It is a large city that is quickly growing. "This part of Columbus is landscaped perfectly, it makes me so happy," said Ashlee Nolan, who ran the quarter marathon.



This time of the year is busy for college and high school students. It's exciting to see all the students out and about. "I am especially surprised at the number of students we had running today, it is truly refreshing to see this many people," said a volunteer passing out medals at the finish line.



The wait begins here. Runners are mentally and physically preparing for the 13.1 miles ahead. “This part of the race is filled with the most adrenaline,” said Lulu Schnetzler a top finisher and runner at this event.



Post-race conversing and smiling. Emotions are high and everyone is happy the race is over. “I’m so glad I did that, but I’m happy it is over and now I can relax for a few weeks before I begin training again,” said runner and finisher, Estella Schnetzler.



After the race live music was playing and food trucks were getting great business. The band was from out of state. “I love this music and vibe, its like so fun,” said Lulu Schnetzler, a runner and finisher.



Even people who did not run the race were able to hang out in the commons and converse with runners. There were activities for all ages. “I loved talking to everyone and cheering them on before and after the race” said Photographer who works at this event.